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**2017-2018 ALLERGY ACTION PLAN**

*Action Plan forms are only required if a student has asthma, diabetes, seizures or severe allergies requiring an EpiPen. Section II of this form must be completed by the Physician.*

**SECTION I – PARENT OR GUARDIAN TO COMPLETE**

Student Name: \_\_\_\_\_  
 Last First Middle Date of Birth

Parent/Guardian \_\_\_\_\_ Cell Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Other Emergency Contact \_\_\_\_\_ Cell Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Treating Physician \_\_\_\_\_ Phone \_\_\_\_\_

Please list any allergies (including food allergies): \_\_\_\_\_  
 \_\_\_\_\_

Does your child have a severe reaction to any of the above allergies? \_\_\_\_\_

Does your child have asthma?  Yes  No If yes, is it worsened by exercise?  Yes  No Inhaler required?  Yes  No

Time interval for repeating dosage: \_\_\_\_\_

**SECTION II – PHYSICIAN/NURSE PRACTITIONER/PHYSICIAN ASSISTANT TO COMPLETE**

Effective Date: From \_\_\_\_\_ To \_\_\_\_\_

The injection will be given immediately after report of exposure with reaction to: \_\_\_\_\_  
 Student's Name

Route of exposure (circle): ingestion / skin contact / inhalation / insect sting or bite

**Check appropriate box:**

EpiPen Give the premeasured dose of 0.3 mg epinephrine by auto injection

EpiPen Jr. Give the premeasured dose of 0.15 mg epinephrine by auto injection

Antihistamine Brand or Generic: \_\_\_\_\_

Dose: \_\_\_\_\_

Other (e.g., inhaler-bronchodilator if asthmatic): \_\_\_\_\_

**Inject Epinephrine immediately, Call 911, monitor student and give additional antihistamines. -- SEVERE Symptoms:**  
 Pale, blue, dizzy, obstructive swelling, confused, trouble breathing/swallowing, tight or hoarse throat, many hives over the body, vomiting, itchy face/mouth.

**Give antihistamine, alert parent, monitor student. – MILD Symptoms:**  
 Few hives, mild nausea, discomfort

**PHYSICIAN/AUTHORIZATION SIGNATURE**

DATE

PARENT/GUARDIAN AUTHORIZED SIGNATURE

DATE